

Brainspotting Phase 3

via Zoom.us August 13-15, 2021

9-6 ET. Presented by David Grand, Ph.D., LCSW



Brainspotting

This course is for Psychologists, Social Workers, MFTS, Mental Health and Addictions Counselors

Course Content is at Advanced Level

There is no conflict of interest or commercial support for this program

Brainspotting is a powerful and effective approach to healing and wellness that harnesses the nervous system's ability to reorganize and realign itself, enhancing resilience and facilitating change. Discovered in 2003 by psychotherapist Dr. David Grand, Brainspotting accesses the brain-body's innate self-scanning and self-healing capacities in the context of neurobiological and relational attunement. In Brainspotting, a person's brain-body activation around a particular issue is paired with a relevant eye position, called a Brainspot, that locates, processes and releases trauma, allowing the brain-body system to regain homeostasis.

Become an Advanced Certified Brainspotting Therapist

Requirements include: Phase 1: 3-day Course, Phase 2: 3-day Course, 50 documented hours of clinical practice utilizing Brainspotting and a minimum of 6 hours of consultation by an approved Consultant or Trainer where you demonstrate competence with model and Phase 3: 3-day Course.

Brainspotting Phase 3: 3 is an advanced training in Brainspotting. Four new Brainspotting techniques will be taught including Advanced Gazespotting, Combined Inside/Outside Window BSP, Doublespotting, Advanced Z Axis BSP (Brainsweeps and Proximity) and Partspotting. In addition, BSP Performance and Creativity Expansion will be taught with emphasis on the Sports Trauma Model and its treatment with BSP.

Presenter

Dr. Grand is a psychotherapist, writer, lecturer, performance coach and humanitarian famous for the discovery and development of the internationally acclaimed Brainspotting method which brings about life-changing breakthroughs at “Warp Speed”. Brain-based therapy is the fastest-growing area in the field of psychological health because it has proven that it can immediately address issues that talk therapy can take years to heal. Now Dr. David Grand presents the next leap forward in psychological care-combining the strengths of brain-based and talk therapies into a powerful technique he calls Brainspotting. Brainspotting: The Revolutionary New Therapy for Rapid and Effective Change Dr. Grand is a Licensed Clinical Social Worker with a PhD from International University and is renowned for his groundbreaking discoveries and advancements in the arenas of healing trauma and enhancing performance and creativity. Dr. Grand has a roster of clients that include many successful television, film and stage actors, professional athletes, business leaders, and survivors of profound traumas (including 9/11, Katrina and Iraq/Afghanistan combat veterans) who have sought his powerful methods out to realize the kind of personal, professional and creative breakthroughs they long for most.

Registration

August 13 - 15, 2021 - Early Registration for Phase 3

\$745.00

[Click Here for Registration](#)

You will be sent more information and a ZOOM link for the event following registration.

Cancellation Policy:

Refund of Fee minus \$100 if canceled prior to May 15th. We ask that should you need to cancel after the date noted above that you either reschedule the training with this trainer later on or find someone to fill your spot.

For grievances or complaints, contact Laurie at 516-826-7996

Agenda

Day 1

9:00-10:30 AM- Introductions and Review Phase 1 and 2 techniques

10:30-10:45 AM Break

10:45 AM-12:30 PM Lecture and Demonstration of Advance Gazespotting

12:30-1:30 PM Lunch

1:30-3:00 PM Advanced Gazespotting Practicum and debrief

3:00-3:15 PM Break

3:15 -6:00 PM Advanced Z-Axis Brainspotting Lecture, Demonstration and Practicum, with debrief

Day 2

9:00-10:30 AM Doublespotting Lecture and demonstration

10:30-10:45 AM Break

10:45 AM -12:30 PM Doublespotting Practicum and debrief

12:30-1:30 PM Lunch

1:30-3:00 Partspotting Lecture and Demonstration

3:00-3:15 Break

3:15-6:00 Partspotting practicum and debrief. Conclusion-wrap up of Day 2

Day 3

9:00 -10:30 Introduction of Brainspotting Performance and Creativity Expansion Model- Including Brainspotting Sports Trauma Model

10:30-10:45 Break

10:45-12:30 Demonstration of Brainspotting Sports Trauma Model with debrief

12:30-1:30 Lunch

1:30-3:00 Brainspotting Creativity Expansion Model and Brainspotting Acting Coaching demonstration and debrief

3:00-3:15 Break

3:15-6:00 Wrap up of Brainspotting Sports Performance Model and Creativity Expansion Model.
Wrap up of entire Brainspotting Phase 3 training

Course Objectives

Day One 9:00 am to 12:45pm:

Participants will be able to:

1. Construct Advanced Resource Accepting with their clients with step-by- step instructions.
2. Originate Advanced Activated Gazespotting
3. Plan how to guide their clients to pendulate back and forth between the Activated (more difficult) Gaze-Spot and the Resource Gaze-spot.

Day One 2:00 pm to 6:00pm:

Participants will be able to:

1. Design how to do advanced Brainspotting sweeps on the Z Axis (Close and Far) to titrate clients from the Brainspots that are more activated to more resourcing. This will help participants not to overwhelm their clients. Participants will be able to slowly move back and forth (close and far) in order to bring the entire level of their client's disturbance down.
2. Appraise which clients can benefit from Advanced Brain Sweeps on the Z Axis.
3. Role-play Advanced Z Axis by doing a practicum as both the "client" and the "therapist", thus allowing a deeper internalization in using this type of Brainspotting with their clients.

Day Two 9 to 12:45pm

Participants will be able to:

1. Utilize Double Brainspotting with their clients who may not be able to get the best results with only Resource Brainspotting or only Activated Brainspotting. Participants will be able to gently pendulate their clients from the more traumatized Brainspot to the more Resourced area in the visual field.
2. Formulate Double Spotting with their clients after learning step by step directions and practicing as both the "client" and the "therapist".
3. Conclude which clients will most likely benefit from Double-Spotting.

Day Two 2:00pm to 6:00pm

Participants will be able to:

1. Utilize "Part Spotting" with their Dissociative Clients and DID clients in order to facilitate higher functioning of their healthy parts and asking harmful parts to take a step back.

2. Develop “Part-Spotting” with high functioning clients as well as the most dissociative and fragile clients.
3. Role-play their own experience with the power of Part-Spotting to get their stuck clients moving forward towards a higher functioning life.

Day Three 9:00am to 12:45pm

1. Compose an effective Intake Process with their competitive athlete clients who have Sports Trauma.
2. Manipulate numerous Expansion Brainspots to help their athletic performer clients, who desire to improve their performance and alleviate the negative impact from their Sports injuries, humiliations and rejections.
3. Judge how to release long held Sports traumas impeding sports performance, heal the “Yips”, and be proficient at expanding their client’s performances by utilizing numerous Expansion Brainspots.

Day Three 2:00 pm to 6:00pm

1. Produce effective Intakes with Creative clients desiring to improve their creative abilities or performances.
2. Develop numerous Expansion Spots such as “best performance spots” or the “most relaxed performances spots” or “character spots” with their creative clients to achieve their desired creative performances or outcomes.
3. Create the Brainspotting Frame with Creative Performers in order to maximize healing and improve performance to the desired level

Satisfactory Completion

Participants must have paid tuition fee, logged in and out each day, attended the entire webinar, and completed an evaluation to receive a certificate. Failure to log in or out will result in forfeiture of credit for the entire course. No exceptions will be made. Partial credit is not available.

Certificates will be available following course completion at www.ceuregistration.com

Cosponsored by R. Cassidy Seminars, P.O. Box 14473, Santa Rosa, CA 95402

Psychologists

R. Cassidy Seminars is approved by the American Psychological Association to sponsor continuing education for psychologists. R. Cassidy Seminars maintains responsibility for this program and its content. 21 CE hours

NY: R. Cassidy Seminars is recognized by the New York State Education Department’s State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0018. 21 clock hours. Live online.

Psychoanalysts

NY: R. Cassidy Seminars is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed psychoanalysts. #P-0005. (21) clock hours. Live online.

Social Workers

Social Workers: An application has been made for consideration of approval for 21 Clinical practice CE credits. (NJ SW: ASWB ACE individual course approval meets the NJ Board of Social Work Examiners requirements for individual course approval pursuant to NJ Code 13:44G-6.4.16.)

CA and Other States: Most states accept continuing education courses offered by either CE Sponsors for APA, (which R. Cassidy Seminars is) or will accept the approval of other state licensing boards of the same license type. Some states, either do not require pre-approval of courses, or will allow licensees to retroactively file for course approval themselves. Check with your board to obtain a final ruling.

IL-SWs: Illinois Dept of Professional Regulation, Approved Continuing Education Sponsor, #159.000782. (21) hours.

NY: R. Cassidy Seminars is recognized by the New York State Education Department's State Board for Social Work as an approved provider (#0006) of continuing education for licensed social workers. This program is approved for 21 contact hours Live online.

OH: Provider approved by the Ohio Counselor, Social Worker and Marriage and Family Therapist Board for (21) clock hours, #RCST110701

Counselors/Marriage and Family Therapists

CA and Other States: Most states accept continuing education courses offered by either CE Sponsors for APA, (which R. Cassidy Seminars is) or will accept the approval of other state licensing boards of the same license type. Some states, either do not require pre-approval of courses, or will allow licensees to retroactively file for course approval themselves. Check with your board to obtain a final ruling.

IL-MFTs: Illinois Dept of Professional Regulation, Approved Continuing Education Sponsor, #168-000141. (21) hours.

NY-LMHCs: R. Cassidy Seminars is recognized by the New York State Education Department's State Board of Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0015. (21) contact hours. Live online.

NY-LMFTs: R. Cassidy Seminars is recognized by the New York State Education Department's State Board of Mental Health Practitioners as an approved provider of continuing education for licensed marriage and family therapists. #MFT-0011. (21) contact hours. Live online.

OH: Provider approved by the Ohio Counselor, Social Worker and Marriage and Family Therapist Board for (21) clock hours, #RCST110701

TX: Approved CE Sponsor through the Texas State Board of Examiners of Marriage & Family Therapists. Provider #151 21 CE hours.

Creative Arts Therapists

NY: R. Cassidy Seminars is recognized by the New York State Education Department's State Board of Mental Health Practitioners as an approved provider of continuing education for licensed creative arts therapists, #CAT-0005. (21) contact hours. Live online.

Chemical Dependency Counselors

CA: Provider approved by CCAPP, Provider #4N-00-434-0222 for (21) CEHs. CCAPP is an ICRC member which has reciprocity with most ICRC member states

TX: Provider approved by the TCBA Standards Committee, Provider No. 1749-06, (21) hours general. Expires 3/31/2022. Complaints about provider or workshop content may be directed to the

TCBAP Standards Committee, 1005 Congress Avenue, Ste. 460, Austin, Texas 78701, Fax Number (512) 476-7297.

Educators

TX: R. Cassidy Seminars is an approved provider with the Texas Education Agency CPE# 501456. This course is (21) CE Hours.

Nurses

CA: Provider approved by the CA Board of Registered Nursing, Provider #CeP12224, for (21) contact hours

Disability Access - If you require ADA accommodations, please contact our office 30 days or more before the event. We cannot ensure accommodations without adequate prior notification.

Please Note: Licensing Boards change regulations often and while we attempt to stay abreast of their most recent changes, if you have questions or concerns about this course meeting your specific board's approval, we recommend you contact your board directly to obtain a ruling.