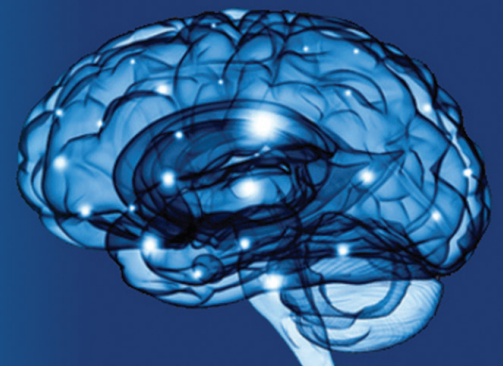




BRAINSPOTTING CANADA ASSOCIATION

Brainspotting  
BSPUK



# A Brainspotting Canada & BSPUK Workshop

## BRAINSPOTTING WITH CHILDREN

*With Dr Mark Grixti, Clin PsychD – UK Brainspotting Trainer*

*Author of: Brainspotting with Young People: An Adventure into the Mind and contributing author to The Power Of Brainspotting*

27th & 28th March 2021

9am – 3pm EST (Ottawa, Canada)

Brainspotting Canada Online

### WORKSHOP DETAILS:

The workshop aims to cover the areas that are brought up so often in Brainspotting trainings and in supervision. The day will include case consultation, theory, and playful Brainspotting. Including:

- How do you do Brainspotting with children?
- What is the significance of neurobiological development in Brainspotting?
- Do children process faster than adults?
- How does modern attachment theory fit with Brainspotting?
- What is resourcing when Brainspotting with children?
- What to do with parents when the child is Brainspotting?
- As therapist, how do you transition to Brainspotting?
- How to work with the child with complex developmental trauma?
- The child within the adult – the therapist's own process.

Open to all who have completed a Phase 1 BSP training.  
Book before 14th March 2021 for an early bird price of Can\$525.  
Thereafter the price will be Can\$575 (plus HST for Canadian residents).

**BOOKING:** [brainspotting.simplesignup.ca](https://brainspotting.simplesignup.ca)

### CONTACT:

For further information please email:  
E: [bsptrainingcanada@gmail.com](mailto:bsptrainingcanada@gmail.com)

[www.brainspottingcanada.com](https://www.brainspottingcanada.com)



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